



Part 3: Brave

We all have fears. No one is exempt. Sometimes fear has a really loud voice in our lives and threatens our peace and joy. How can we quiet those voices and walk confidently in life, even in the midst of our fears?

Scripture: 1 Samuel 17:4-11, 31-49

Discussion Questions

1. Growing up, did you have certain fears that followed you around? As an adult, have the kinds of things that you fear changed? What are some of the things that are frightening to you now?
2. What are some of the emotions that come with fear? Which ones are you most likely to experience?
3. Read the story in 1 Samuel 17. This is a famous Bible story. What aspects are familiar to you? Are there things that you've noticed that you hadn't seen or didn't remember about this story?
4. What picture do we get about the main characters like David, Saul, Goliath, etc.? What do we learn about how each one approaches the situation they are facing. Which one do you most identify with?
5. In 1 Samuel 17:11, it talks about how when Goliath spoke the Israelites were afraid. In verse 24, it relates that when they saw Goliath, they were afraid. What voices are you listening to, or where do you have your eyes fixed, that may be leading to fear in your life?
6. How can worship help us to deal with our fear? What are some different ways that we engage in worship in different areas of our lives? What is one way that you can express your worship to God in the face of whatever you might fear?

Moving Forward

Often when we study the story of David and Goliath, we assume that we are supposed to be like David in the story. Jesus, however, is the ultimate David. How does Jesus defeat the giants that we fear in life? How can we remind ourselves and others of this on a regular basis?